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# CANCER FACTS

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National Cancer Institute • National Institutes of Health

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## **National Organizations That Offer Services to People With Cancer and Their Families**

People with cancer and their families sometimes need assistance coping with the emotional as well as the practical aspects of their disease. This fact sheet includes some of the national organizations that provide this type of support. It is not intended to be a comprehensive listing of all organizations that offer these services in the United States, nor does inclusion of any particular organization imply endorsement by the National Cancer Institute, the National Institutes of Health, or the Department of Health and Human Services. The intent of this fact sheet is to provide information useful to individuals nationally. For that reason, it does not include the many local groups that offer valuable assistance to patients and their families in individual states or cities.

**Organization:** Alliance for Lung Cancer Advocacy, Support,  
and Education (ALCASE)  
**Address:** Post Office Box 849  
Vancouver, WA 98666  
**Telephone:** 360-696-2436  
1-800-298-2436  
**E-mail:** [info@alcase.org](mailto:info@alcase.org)  
**Internet Web site:** <http://www.alcase.org>

The ALCASE offers programs designed to help improve the quality of life of people with lung cancer and their families. Programs include education about the disease, psychosocial support, and advocacy about issues that concern lung cancer survivors.

**Organization:** American Brain Tumor Association (ABTA)  
**Address:** Suite 146  
2720 River Road  
Des Plaines, IL 60018  
**Telephone:** 847-827-9910  
1-800-886-ABTA (1-800-886-2282)  
**E-mail:** [info@abta.org](mailto:info@abta.org)  
**Internet Web site:** <http://www.abta.org>

The ABTA funds brain tumor research and provides information to help patients make educated decisions about their health care. The ABTA offers printed materials about the research and treatment of brain tumors, and provides listings of physicians, treatment facilities, and support groups throughout the country. A limited selection of Spanish-language publications is available.

**Organization:** American Cancer Society (ACS)  
**Address:** 1599 Clifton Road, NE.  
Atlanta, GA 30329-4251  
**Telephone:** 404-320-3333  
1-800-ACS-2345 (1-800-227-2345)  
**Internet Web site:** <http://www.cancer.org>

The ACS is a voluntary organization that offers a variety of services to patients and their families. The ACS also supports research, provides printed materials, and conducts educational programs. Staff can accept calls and distribute publications in Spanish. A local ACS unit may be listed in the white pages of the telephone directory under "American Cancer Society."

#### **American Cancer Society (ACS) Supported Programs:**

- **I Can Cope**  
I Can Cope is a patient education program that is designed to help patients, families, and friends cope with the day-to-day issues of living with cancer.
- **International Association of Laryngectomees**  
This program assists people who have lost their voice as a result of cancer. It provides information on the skills needed by laryngectomees and works toward total rehabilitation of patients.
- **Look Good. . .Feel Better**  
This program was developed by the Cosmetic, Toiletry, and Fragrance Association Foundation in cooperation with ACS and the National Cosmetology Association. It focuses on techniques that can help people undergoing cancer treatment improve their appearance.
- **Ostomy Rehabilitation Program**  
The Ostomy Rehabilitation Program provides mutual aid, emotional support, and educational materials to people with ostomies.
- **Reach to Recovery**  
The Reach to Recovery Program is a rehabilitation program for women who have or have had breast cancer. The program helps breast cancer patients meet the physical, emotional, and cosmetic needs related to their disease and its treatment.

**Organization:** American Foundation for Urologic Disease (AFUD)  
**Address:** 1128 North Charles Street  
Baltimore, MD 21201  
**Telephone:** 410-468-1800  
**E-mail:** admin@afud.org  
**Internet Web site:** <http://www.afud.org>

The AFUD supports research; provides education to patients, the general public, and health professionals; and offers patient support services for those who have or may be at risk for a urologic disease or disorder. They provide information on urologic disease and dysfunctions, including prostate cancer treatment options, bladder health, and sexual function. They also offer prostate cancer support groups (Prostate Cancer Network). Some Spanish-language publications are available.

**Organization:** American Institute for Cancer Research (AICR)  
**Address:** 1759 R Street, NW.  
Washington, DC 20009  
**Telephone:** 202-328-7744  
1-800-843-8114  
**E-mail:** aicrweb@aicr.org  
**Internet Web site:** <http://www.aicr.org>

The AICR provides information about cancer prevention, particularly through diet and nutrition. They offer a toll-free nutrition hotline, pen pal support network, funding of research grants, and a wide array of consumer and health professional brochures and health aids about diet and nutrition and its link to cancer and cancer prevention. The AICR also offers the AICR CancerResource, an information and resource program for cancer patients. A limited selection of Spanish-language publications is available.

**Organization:** The Brain Tumor Society  
**Address:** Suite 3-H  
124 Watertown Street  
Watertown, MA 02472  
**Telephone:** 617-924-9997  
1-800-770-TBTS (1-800-770-8287)  
**E-mail:** info@tbts.org  
**Internet Web site:** <http://www.tbts.org>

The Brain Tumor Society provides information about brain tumors and related conditions for patients and their families. They offer a patient/family telephone network, educational publications, funding for research projects, and access to support groups for patients.

**Organization:**        **Cancer Care, Inc.**  
**Address:**            275 Seventh Avenue  
                             New York, NY 10001  
**Telephone:**        212-302-2400  
                             1-800-813-HOPE (1-800-813-4673)  
**E-mail:**              info@cancercare.org  
**Internet Web site:**    http://www.cancercare.org

Cancer Care provides free, professional assistance to people with any type of cancer, at any stage of illness, and to their families. This organization offers education, one-on-one counseling, specialized support groups, financial assistance for nonmedical expenses, home visits by trained volunteers, and referrals to community services. A section of the Cancer Care Web site and some publications are available in Spanish, and staff can respond to calls and e-mails in Spanish.

**Organization:**        **Cancer Hope Network**  
**Address:**            Suite A  
                             Two North Road  
                             Chester, NJ 07930  
**Telephone:**        1-877-HOPENET (1-877-467-3638)  
**E-mail:**              info@cancerhopenetwork.org  
**Internet Web site:**    http://www.cancerhopenetwork.org

The Cancer Hope Network provides individual support to cancer patients and their families by matching them with trained volunteers who have undergone and recovered from a similar cancer experience. Such matches are based on the type and stage of cancer, treatments used, side effects experienced, and other factors.

**Organization:**        **Cancer Research Foundation of America**  
**Address:**            Suite 110  
                             1600 Duke Street  
                             Alexandria, VA 22314  
**Telephone:**        703-836-4412  
                             1-800-227-CRFA (1-800-227-2732)  
**E-mail:**              sweisel@crfa.org  
**Internet Web site:**    http://www.preventcancer.org

The Cancer Research Foundation of America seeks to prevent cancer by funding research and providing educational materials on early detection and nutrition.

**Organization:** **Candlelighters Childhood Cancer Foundation (CCCCF)**  
**Address:** 3910 Warner Street  
Kensington, MD 20895  
**Telephone:** 301-962-3520  
1-800-366-CCCCF (1-800-366-2223)  
**E-mail:** [info@candlelighters.org](mailto:info@candlelighters.org)  
**Internet Web site:** <http://www.candlelighters.org>

The CCCCf is a nonprofit organization that provides information, peer support, and advocacy through publications, an information clearinghouse, and a network of local support groups. A financial aid list is available that lists organizations to which eligible families may apply for assistance.

**Organization:** **CaP CURE (The Association for the Cure of Cancer of the Prostate)**  
**Address:** Suite 360  
1250 Fourth Street  
Santa Monica, CA 90401  
**Telephone:** 310-458-2873  
1-800-757-CURE (1-800-757-2873)  
**E-mail:** [capcure@capcure.org](mailto:capcure@capcure.org)  
**Internet Web site:** <http://www.capcure.org>

CaP CURE is a nonprofit organization that provides funding for research projects to improve methods of diagnosing and treating prostate cancer. It also offers printed resources for prostate cancer survivors and their families. The mission of CaP CURE is to find a cure for prostate cancer.

**Organization:** **Children's Hospice International®**  
**Address:** Suite 3C  
2202 Mount Vernon Avenue  
Alexandria, VA 22301  
**Telephone:** 703-684-0330  
1-800-2-4-CHILD (1-800-242-4453)  
**E-mail:** [chiorg@aol.com](mailto:chiorg@aol.com)  
**Internet Web site:** <http://www.chionline.org>

Children's Hospice International provides a network of support for dying children and their families. It serves as a clearinghouse for research programs and support groups, and offers educational materials and training programs on pain management and the care of seriously ill children.

**Organization:** **Cure For Lymphoma Foundation (CFL)**  
**Address:** 215 Lexington Avenue  
New York, NY 10016-6023  
**Telephone:** 212-213-9595  
1-800-CFL-6848 (1-800-235-6848)  
**E-mail:** infocfl@cfl.org  
**Internet Web site:** <http://www.cfl.org>

The CFL offers support and education programs and services to patients and caregivers. Materials and services include: "Understanding Lymphoma" booklets and fact sheets; lymphoma family forums; teleconferences; lymphoma Q & A's; a nationwide Patient-to-Patient Telephone Network; biweekly support groups; monthly lymphoma networking groups; patient aid; a quarterly newsletter, *Together*; and a toll-free information line. CFL also funds lymphoma research and collaborates with researchers, clinicians, social workers, and nurses. The CFL works to increase public awareness of lymphoma through grassroots public education campaigns.

**Organization:** **ENCORE<sup>Plus®</sup>**  
**Address:** YWCA of the USA  
Office of Women's Health Advocacy  
Suite 700  
1015 18<sup>th</sup> Street, NW.  
Washington, DC 20036  
**Telephone:** 202-467-0801  
1-800-95E-PLUS (1-800-953-7587)  
**E-mail:** cgould@ywca.org  
**Internet Web site:** <http://www.ywca.org>

ENCORE<sup>Plus®</sup> is the YWCA's discussion and exercise program for women who have had breast cancer surgery. It is designed to help restore physical strength and emotional well-being. A local branch of the YWCA, listed in the telephone directory, can provide more information about ENCORE<sup>Plus®</sup>.

**Organization:** **Gilda's Club®, Inc.**  
**Address:** 195 West Houston Street  
New York, NY 10014  
**Telephone:** 212-647-9700  
**E-mail:** hmannheim@gildasclub.org  
**Internet Web site:** <http://www.gildasclub.org>

Gilda's Clubs provide social and emotional support to cancer patients, their families, and friends. Lectures, workshops, networking groups, special events, and a children's program are available.

**Organization:** **HOSPICELINK**  
**Address:** Hospice Education Institute  
190 Westbrook Road  
Essex, CT 06426-1510  
**Telephone:** 860-767-1620  
1-800-331-1620  
**E-mail:** HOSPICEALL@aol.com  
**Internet Web site:** <http://www.hospiceworld.org>

Hospice Link helps patients and their families find support services in their communities. They offer information about hospice and palliative care and can refer cancer patients and their families to local hospice and palliative care programs.

**Organization:** **International Myeloma Foundation (IMF)**  
**Address:** Suite 206  
12650 Riverside Drive  
North Hollywood, CA 91607  
**Telephone:** 818-487-7455  
1-800-452-CURE (1-800-452-2873)  
**E-mail:** TheIMF@myeloma.org  
**Internet Web site:** <http://www.myeloma.org>

The IMF supports education, treatment, and research for multiple myeloma. They provide a toll-free hotline, seminars, and educational materials for patients and their families. Although the IMF does not sponsor support groups, they do keep a list of other organizations' support groups and provide information on how to start a support group. A section of the IMF Web site and some printed materials are available in Spanish.

**Organization:** **Kidney Cancer Association**  
**Address:** Suite 203  
1234 Sherman Avenue  
Evanston, IL 60202-1375  
**Telephone:** 847-332-1051  
1-800-850-9132  
**E-mail:** [office@nkca.org](mailto:office@nkca.org)  
**Internet Web site:** <http://www.nkca.org>

The Kidney Cancer Association supports research, offers printed materials about the diagnosis and treatment of kidney cancer, sponsors support groups, and provides physician referral information.

**Organization:**       **The Leukemia and Lymphoma Society**  
**Address:**           1311 Mamaroneck Avenue  
                          White Plains, NY 10605-5221  
**Telephone:**       914-949-5213  
                          1-800-955-4572  
**E-mail:**            infocenter@leukemia-lymphoma.org  
**Internet Web site:**   http://www.leukemia-lymphoma.org

The goal of the Leukemia and Lymphoma Society is to find cures for leukemia, lymphoma, Hodgkin's disease, and multiple myeloma and to improve the quality of life of patients and their families. The Society supports medical research and provides health education materials, as well as the following services: patient financial aid for specified treatment expenses and transportation, family support groups, *First Connection* (a professionally supervised peer support program), referrals, school re-entry materials, and public and professional education. The Society also provides audiotapes in English and some Spanish-language publications.

**Organization:**       **Lymphoma Research Foundation of America (LRFA)**  
**Address:**           Suite 207  
                          8800 Venice Boulevard  
                          Los Angeles, CA 90034  
**Telephone:**       310-204-7040  
                          1-800-500-9976  
**E-mail:**            LRFA@aol.com  
**Internet Web site:**   http://www.lymphoma.org

LRFA funds research and provides educational information on lymphoma. They offer a helpline for general information on lymphoma, as well as referrals to other resources, oncologists, clinical trials, and support groups. A buddy program is available to match newly diagnosed patients with other lymphoma patients who have coped with the disease. Some Spanish-language publications are also available.

**Organization:**       **The Multiple Myeloma Research Foundation (MMRF)**  
**Address:**           11 Forest Street  
                          New Canaan, CT 06840  
**Telephone:**       203-972-1250  
**E-mail:**            themmrf@themmrf.org  
**Internet Web site:**   http://www.multiplemyeloma.org

MMRF supports research grants and professional and patient symposia on multiple myeloma and related blood cancers. MMRF publishes a quarterly newsletter, and provides referrals and information packets free of charge to patients and family members.



**Organization:**       **National Alliance of Breast Cancer Organizations (NABCO)**  
**Address:**           10th Floor  
                          Nine East 37th Street  
                          New York, NY 10016  
**Telephone:**       212-889-0606  
                          1-888-80-NABCO (1-888-806-2226)  
**E-mail:**            NABCOinfo@aol.com  
**Internet Web site:**   <http://www.nabco.org>

NABCO is a nonprofit organization that provides information about breast cancer and acts as an advocate for the legislative concerns of breast cancer patients and survivors. NABCO maintains a list, organized by state, of phone numbers for support groups.

**Organization:**       **National Asian Women's Health Organization (NAWHO)**  
**Address:**           Suite 1500  
                          250 Montgomery Street  
                          San Francisco, CA 94104  
**Telephone:**       415-989-9747  
**E-mail:**            nawho@nawho.org  
**Internet Web site:**   <http://www.nawho.org>

NAWHO is working to improve the health status of Asian women and families through research, education, leadership, and public policy programs. They have resources for Asian women in English, Cantonese, Laotian, Vietnamese, and Korean. Publications on subjects such as reproductive rights, breast and cervical cancer, and tobacco control are available.

**Organization:**       **National Brain Tumor Foundation (NBTF)**  
**Address:**           Suite 700  
                          414 Thirteenth Street  
                          Oakland, CA 94612-2603  
**Telephone:**       510-839-9777  
                          1-800-934-CURE (1-800-934-2873)  
**E-mail:**            nbtbf@braintumor.org  
**Internet Web site:**   <http://www.braintumor.org>

NBTF provides patients and their families with information on how to cope with their brain tumors. This organization conducts national and regional conferences, publishes printed materials for patients and family members, provides access to a national network of patient support groups, and assists in answering patient inquiries. NBTF also awards grants to fund research. Staff are available to answer calls in Spanish, and some Spanish-language publications are available.

**Organization:**       **National Childhood Cancer Foundation (NCCF)**  
**Address:**           Suite 300  
                          440 East Huntington Drive  
                          Post Office Box 60012  
                          Arcadia, CA 91066–6012  
**Telephone:**       626–447–1674  
                          1–800–458–6223  
**E-mail:**            nccf-info@nccf.org  
**Internet Web site:** <http://www.nccf.org>

The NCCF supports research conducted by a network of institutions, each of which has a team of doctors, scientists, and other specialists with the special skills required for the diagnosis, treatment, supportive care, and research on the cancers of infants, children, and young adults. Advocating for children with cancer and the centers that treat them is also a focus of the NCCF. A limited selection of Spanish-language publications is available.

**Organization:**       **National Coalition for Cancer Survivorship (NCCS)**  
**Address:**           Suite 707  
                          1010 Wayne Avenue  
                          Silver Spring, MD 20910–5600  
**Telephone:**       1–877–NCCS–YES (1–877–622–7937)  
**E-mail:**            info@cansearch.org  
**Internet Web site:** <http://www.cansearch.org>

NCCS is a network of groups and individuals that offer support to cancer survivors and their loved ones. It provides information and resources on cancer support, advocacy, and quality of life issues. A section of the NCCS Web site and a limited selection of publications are available in Spanish.

**Organization:**       **National Hospice and Palliative Care Organization (NHPCO)**  
**Address:**           Suite 300  
                          1700 Diagonal Road  
                          Alexandria, VA 22314  
**Telephone:**       703–243–5900  
                          1–800–658–8898 (Helpline)  
**E-mail:**            helpline@nhpco.org  
**Internet Web site:** <http://www.nhpco.org>

The NHPCO is an association of programs that provide hospice and palliative care. It is designed to increase awareness about hospice services and to champion the rights and issues of terminally ill patients and their family members. They offer discussion groups, publications, information about how to find a hospice, and information about the financial aspects of hospice. Some Spanish-language publications are available, and staff are able to answer calls in Spanish.

**Organization:**       **National Lymphedema Network (NLN)**  
**Address:**             Suite 1111  
                            1611 Telegraph Avenue  
                            Oakland, CA 94612-2138  
**Telephone:**         510-208-3200  
                            1-800-541-3259  
**E-mail:**              nln@lymphnet.org  
**Internet Web site:**   http://www.lymphnet.org

The NLN provides education and guidance to lymphedema patients, health care professionals, and the general public by disseminating information on the prevention and management of primary and secondary lymphedema. They provide a toll-free support hotline, a referral service to lymphedema treatment centers and health care professionals, a quarterly newsletter with information about medical and scientific developments, support groups, pen pals, educational courses for health care professionals and patients, and a computer database. Some Spanish-language materials are available.

**Organization:**       **National Marrow Donor Program® (NMDP)**  
**Address:**             Suite 500  
                            3433 Broadway Street, NE.  
                            Minneapolis, MN 55413  
**Telephone:**         612-627-5800  
                            1-800-MARROW-2 (1-800-627-7692)  
                            1-888-999-6743 (Office of Patient Advocacy)  
**Internet Web site:**   http://www.marrow.org

The National Marrow Donor Program® (NMDP), which is funded by the Federal Government, was created to improve the effectiveness of the search for bone marrow donors. It keeps a registry of potential bone marrow donors and provides free information on bone marrow transplantation, peripheral blood stem cell transplant, and unrelated donor stem cell transplant, including the use of umbilical cord blood. NMDP's Office of Patient Advocacy assists transplant patients and their physicians through the donor search and transplant process by providing information, referrals, support, and advocacy.

**Organization:**       **National Ovarian Cancer Coalition (NOCC)**  
**Address:**             Suite 14  
                            500 Northeast Spanish River Boulevard  
                            Boca Raton, FL 33431  
**Telephone:**         561-393-0005  
                            1-888-OVARIAN (1-888-682-7426)  
**E-mail:**              NOCC@ovarian.org  
**Internet Web site:**   http://www.ovarian.org

The NOCC raises awareness about ovarian cancer and promotes education about this disease. They have a toll-free telephone number for information, referral, support, and education about ovarian cancer. They also offer support groups, a database of gynecologic oncologists searchable by state, and educational materials. A limited selection of Spanish-language publications is available.

**Organization:**           **Ovarian Cancer National Alliance (OCNA)**  
**Address:**               Suite 413  
                              910 17<sup>th</sup> Street, NW.  
                              Washington, DC 20006  
**Telephone:**           202-331-1332  
**E-mail:**                ovarian@aol.com  
**Internet Web site:**   <http://www.ovariancancer.org>

The Alliance works to increase public and professional understanding of ovarian cancer and to advocate for research to determine more effective ways to diagnose, treat, and cure this disease. The Alliance distributes informational materials; sponsors an annual advocacy conference for survivors and families; advocates on the issues of cancer to the ovarian cancer community; and works with women's groups, seniors, and health professionals to increase awareness of ovarian cancer.

**Organization:**           **Pancreatic Cancer Action Network (PanCAN)**  
**Address:**               Post Office Box 4809  
                              Palos Verdes, CA 90274  
**Telephone:**           1-877-2-PANCAN (1-877-272-6226)  
**E-mail:**                information@pancan.org  
**Internet Web site:**   <http://www.pancan.org>

PanCAN, a nonprofit advocacy organization, educates health professionals and the general public about pancreatic cancer to increase awareness of the disease. PanCAN also advocates for increased funding of pancreatic cancer research and promotes access to and awareness of the latest medical advances, support networks, clinical trials, and reimbursement for care.

**Organization:**           **Patient Advocate Foundation (PAF)**  
**Address:**               Suite B  
                              753 Thimble Shoals Boulevard  
                              Newport News, VA 23606  
**Telephone:**           757-873-6668  
                              1-800-532-5274  
**E-mail:**                help@patientadvocate.org  
**Internet Web site:**   <http://www.patientadvocate.org>

The PAF provides education, legal counseling, and referrals to cancer patients and survivors concerning managed care, insurance, financial issues, job discrimination, and debt crisis matters.

**Organization:**        **R. A. Bloch Cancer Foundation, Inc.**  
**Address:**             Suite 500  
                             4435 Main Street  
                             Kansas City, MO 64111  
**Telephone:**        816-WE-BUILD (816-932-8453)  
                             1-800-433-0464  
**E-mail:**                hotline@hrblock.com  
**Internet Web site:**   <http://www.blochcancer.org>

The R. A. Bloch Cancer Foundation matches newly diagnosed cancer patients with trained, home-based volunteers who have been treated for the same type of cancer. They also distribute informational materials, including a multidisciplinary list of institutions that offer second opinions. Information is available in Spanish.

**Organization:**        **The Skin Cancer Foundation**  
**Address:**             Post Office Box 561  
                             New York, NY 10156  
**Telephone:**        212-725-5176  
                             1-800-SKIN-490 (1-800-754-6490)  
**E-mail:**                info@skincancer.org  
**Internet Web site:**   <http://www.skincancer.org>

Major goals of the Skin Cancer Foundation are to increase public awareness of the importance of taking protective measures against the damaging rays of the sun and to teach people how to recognize the early signs of skin cancer. They conduct public and medical education programs to help reduce skin cancer.

**Organization:**        **STARBRIGHT Foundation**  
**Address:**             Suite 100  
                             1990 South Bundy Drive  
                             Los Angeles, CA 90025  
**Telephone:**        310-442-1560  
                             1-800-315-2580  
**E-mail:**                ford@starbright.org  
**Internet Web site:**   <http://www.starbright.org>

The STARBRIGHT Foundation creates projects that are designed to help seriously ill children and adolescents cope with the psychosocial and medical challenges they face. The STARBRIGHT Foundation produces materials such as interactive educational CD-ROMs and

videos about medical conditions and procedures, advice on talking with a health professional, and other issues related to children and adolescents who have serious medical conditions. All materials are available to children, adolescents, and their families free of charge. Staff can respond to calls in Spanish.

**Organization:**           **United Ostomy Association, Inc.**  
**Address:**               Suite 200  
                                19772 MacArthur Boulevard  
                                Irvine, CA 92612-2405  
**Telephone:**           949-660-8624  
                                1-800-826-0826 (6:30 a.m.– 4:30 p.m., Pacific time)  
**E-mail:**                 uoa@deltanet.com  
**Internet Web site:**   http://www.uoa.org

The United Ostomy Association helps ostomy patients through mutual aid and emotional support. It provides information to patients and the public and sends volunteers to visit with new ostomy patients.

**Organization:**           **US TOO International, Inc.**  
**Address:**               Suite 50  
                                930 North York Road  
                                Hinsdale, IL 60521  
**Telephone:**           630-323-1002 (in the Chicago area)  
                                1-800-80-US TOO (1-800-808-7866)  
**E-mail:**                 ustoo@ustoo.com  
**Internet Web site:**   http://www.ustoo.com

US TOO is a prostate cancer support group organization. Goals of US TOO are to increase awareness of prostate cancer in the community, educate men newly diagnosed with prostate cancer, offer support groups, and provide the latest information about treatment for this disease. A limited selection of Spanish-language publications is available.

**Organization:**           **The Wellness Community**  
**Address:**               Suite 412  
                                35 East Seventh Street  
                                Cincinnati, OH 45202  
**Telephone:**           513-421-7111  
                                1-888-793-WELL (1-888-793-9355)  
**E-mail:**                 help@wellness-community.org  
**Internet Web site:**   http://www.wellness-community.org

The Wellness Community provides free psychological and emotional support to cancer patients and their families. They offer support groups facilitated by licensed therapists, stress reduction and cancer education workshops, nutrition guidance, exercise sessions, and social events.

**Organization:** Vital Options® and “The Group Room®” Cancer Radio Talk Show  
**Address:** Post Office Box 19233  
Encino, CA 91416-9233  
**Telephone:** 818-508-5657  
1-800-GRP-ROOM (1-800-477-7666)  
**E-mail:** [geninfo@vitaloptions.org](mailto:geninfo@vitaloptions.org)  
**Internet Web site:** <http://www.vitaloptions.org>

The mission of Vital Options is to use communications technology to reach people dealing with cancer. This organization holds a weekly syndicated call-in cancer radio talk show called “The Group Room,” which provides a forum for patients, long-term survivors, family members, physicians, and therapists to discuss cancer issues. Listeners can participate in the show during its broadcast every Sunday from 4 p.m.- 6 p.m., ET by calling either of the telephone numbers. A live Web simulcast of “The Group Room” can be heard by logging onto the Vital Options Web site.

**Organization:** Y-me National Breast Cancer Organization, Inc.  
**Address:** 212 West Van Buren Street  
Chicago, IL 60607-3908  
**Telephone:** 312-986-8338  
1-800-221-2141 (English)  
1-800-986-9505 (Spanish)  
**E-mail:** [help@y-me.org](mailto:help@y-me.org)  
**Internet Web site:** <http://www.y-me.org>

The Y-me National Breast Cancer Organization provides information and support to anyone who has been touched by breast cancer. Y-me serves women with breast cancer and their families through their national hotline (available 24 hours a day), open-door groups, early detection workshops, and support programs. Numerous local chapter offices are located throughout the United States. A section of the Y-me Web site, a toll-free hotline, and publications are available in Spanish.

### ***Criteria for inclusion of organizations in this fact sheet***

The national, nonprofit organizations included in this fact sheet, like NCI, provide services and/or information to cancer patients and their families. They also affirm the importance of scientific research and investigations of new approaches to cancer detection, treatment, and prevention.

If you would like to nominate your organization for inclusion in this fact sheet, please write to the following address for an application form:

National Cancer Institute  
Fact Sheet Application Form  
Building 31, Room 10A16  
31 Center Drive, MSC 2580  
Bethesda, MD 20892-2580

All submissions will be reviewed biannually. Organizations will receive notification of the results of the review.

# # #

### **Sources of National Cancer Institute Information**

#### **Cancer Information Service**

Toll-free: 1-800-4-CANCER (1-800-422-6237)

TTY (for deaf and hard of hearing callers): 1-800-332-8615

#### **NCI Online**

##### ***Internet***

Use <http://cancer.gov> to reach NCI's Web site.

##### ***CancerMail Service***

To obtain a contents list, send e-mail to [cancermail@icicc.nci.nih.gov](mailto:cancermail@icicc.nci.nih.gov) with the word "help" in the body of the message.

#### **CancerFax® fax on demand service**

Dial 301-402-5874 and listen to recorded instructions.

**This fact sheet was reviewed on 9/1/00**